
Cambridge University & West Anglian Orienteering Clubs

invite you to weekend of orienteering in

Cambridge City Centre

and

Rowney Warren

22-23 October 2011

CUOC Cambridge City Race

Saturday 22 October 2011



Event Area: Cambridge City Centre, with assembly on Coe Fen (Grid Reference: TL 444 575, Pin-in-the-Map here: bit.ly/CamCityRace2011) (TBC).

Directions: You are strongly advised to use public transport to access this event. There are five Park & Rides serving Cambridge. More info here: bit.ly/CambridgePandr

What: Fast urban orienteering through the colleges, parks and streets of Cambridge.

Courses: M/W12-, M/W16-, M/W Open, M/W40+, M/W55+ and a beginners' course. If you are not sure what to enter, please email the organisers.

Start times: 10.30 - 13.30 with punching start to allow for delayed public transport

Entries: Online only via www.sientries.co.uk and limited to 350 entrants (not including junior courses). No pre-entry required for beginners' course.

Organisers: David Maliphant & Andy Strakova (CUOC). Email: cityrace@cuoc.org.uk

This event is part of the Nopesport Urban League (more info at urbanleague.nopesport.com) and is the final event in the 2011 UK Masters Cup.

WAOC Rowney Warren

Sunday 23 October 2011

Yvette Baker local qualifying round and Essex & Suffolk Schools Orienteering League event 4

Event Area: Rowney Warren, a well contoured and varied coniferous wood.

Directions: Access from A600 (Hitchin to Bedford), 2k NW Shefford. Grid Reference: TL 123403.

Courses: Standard White - Brown, map 1:10,000

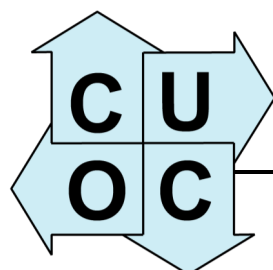
Start times: 10.30 – 12.30.

Entries: Entry on the day. Seniors £8 (£2 discount for British Orienteering members)
Juniors/Students £3, second & subsequent juniors in a family £2
Hire of SPORTident card 50p per person.

Organiser: Peter Woods. E-mail: peter_woods@ntlworld.com

More details at www.waoc.org.uk

All competitors take part at their own risk



www.cuoc.org.uk | www.waoc.org.uk

